

sports

athletes in motion

AIM Self Defense & Safety Awareness Program

Does your child know how to defend his or herself? This exciting & valuable course emphasizes safety awareness and is designed for self-defense purposes only. Self-discipline is promoted rather than aggressiveness. A certified black belt instructs students to avoid dangerous situations, walk away from fights & when necessary to defend themselves. Beginner classes allow no physical contact. Beginner students progress to yellow belts. Returning students advance to higher belt levels. Goal orientation allows students to earn certificates & medals. Classes meet once a week on Fridays for 16 weeks beginning January 27th at Venable Elementary School. A flyer with a full class description and applicable fees will be handed out to city school students in early-January. For more information call AIM at **1-800-323-3755** or www.aimusainc.com.

When:

6:00 - 6:40 PM Beginners All Ages
 6:45 - 7:25 PM Yellow Belts All Ages
 7:30 - 8:10 PM Orange Belts & Above All Ages

senior softball

(ages: 55+ years)

Seniors 55+ are invited to play each week. The senior softball program meets on Tuesdays and Thursdays beginning in early late March, early April at Darden Towe Park around 9:00 a.m. and play until noon. For more information, contact Larry Stremikis at **434-245-4024** or larrystremikis@earthlink.net.

55 & older basketball

(ages: 55+ years)

Open gym free play on Mondays & Thursdays - Ends March 29th
 9:30 - 11:30 a.m. at the Herman Key Jr., Downtown Gymnasium

basketball - women's

(ages: 55+ years)

The Charlottesville Parks and Recreation Department will be accepting teams interested in playing in the Spring Basketball League. Games will be played on Sunday's beginning at 1:00 p.m. at the Herman Key, Jr. Downtown Gymnasium. For additional info, call 970-3271.

ACTIVITY#	AGES	DAYS	DATES	NO CLASS	TIME	LOCATION	FEE (R/NR)
220107-01	16 +	Su	Mar 11-Jun 3	Apr 8, May 13, May 27	1:00-5:00pm	Walker Gym	\$300/\$300

adult softball league

(ages: 55+ years)

Leagues are organized on several different skill levels for men, women and co-rec teams. The seasons last from April – July and August - October. Organize a team of 10-15 players and register between February 13 and March 2 for Spring/ Summer League or mid July for Fall League at the Recreation Office in City Hall Annex (first floor). Spring League games begin the week of March 26th. For additional info, call 970-3271.

adult volleyball league

(ages: 55+ years)

Charlottesville Parks & Recreation offers competitive volleyball on several levels for men (Thursdays), women (Mondays) and co-rec (Wednesday) teams. To join, organize a team of at least six players and sign up at the Recreation office during the following months: February (spring), May (summer), August (fall), November (winter). For additional info, call 970-3271.

sports

volleyball - youth development

(ages: 10-15 years)

This program is for co-ed beginner and advance player's ages 10 through 15 years old. This program is designed to teach players the skills and rules necessary to play the sport of volleyball.

ACTIVITY	AGES	DAYS	DATES	NO CLASS	TIME	LOCATION	FEE (R/NR)
220202-01	10-15	Sa	Jan 21-Feb 25		10:00am-12:00pm	Key Center	\$30/\$45



spring break- tennis camp

(ages: 8-12 years)

Spend your spring break learning the game of tennis. This camp is designed for the beginner player and racquets will be provided if needed.

ACTIVITY	AGES	DAYS	DATES	NO CLASS	TIME	LOCATION	FEE (R/NR)
230204-01	8-12	Tu,W,Th	Apr 3-Apr 5		10:00am-12:00pm	Tonsler Park	\$25/\$25

martial arts

karate

(ages: 4-10 years)

This fun and non-competitive class will teach children the fundamentals of karate while developing skills such as flexibility, balance, coordination, and discipline.

ACTIVITY	AGES	DAYS	DATES	NO CLASS	TIME	LOCATION	FEE (R/NR)
240304-01	4-5	M	Jan 23-Mar 5	Feb 20	4:45-5:30pm	Crow Rec Center	\$40/\$60
240304-02	5-6	M	Jan 23-Mar 5	Feb 20	5:45-6:30pm	Crow Rec Center	\$40/\$60
240304-03	6-10	M	Jan 23-Mar 5	Feb 20	6:45-7:30pm	Crow Rec Center	\$40/\$60
240304-04	4-5	M	Mar 26-Apr 30		4:45-5:30pm	Crow Rec Center	\$40/\$60
240304-05	5-6	M	Mar 26-Apr 30		5:45-6:30pm	Crow Rec Center	\$40/\$60
240304-06	6-10	M	Mar 26-Apr 30		6:45-7:30pm	Crow Rec Center	\$40/\$60



how to register

Registration for the Spring/Summer session begins on **December 12, 2011**. This applies to both Resident and Non-Residents. Please plan to register for activities/programs as early as possible. Many activities/programs fill up very quickly.

Charlottesville Parks & Recreation offers 4 easy ways to register for classes, programs and activities:

online



Fast, Secure, Available 24/7. Register for classes/programs, reserve picnic shelters or renew an aquatics or golf pass all from the convenience of your own home. A credit card (Visa/MC/Discover) is required to complete the transaction. To register online, go to www.charlottesville.org/parksandrec.

phone



(434) 970-3260 Monday-Friday, 8 a.m.-5 p.m. Credit card payment (Visa/MC/Discover) is required for all phone-in registrations. To expedite your registration please have the activity #'s from the catalog ready when you speak to the customer service representative.

in-person



Registrations are taken in-person at the following locations:

Parks & Recreation Administration Office (120 7th Street, Room 107, Charlottesville, VA 22902) during normal operating hours (Monday-Friday 8 a.m.-5 p.m.)

Smith Aquatic & Fitness Center
1000-A Cherry Avenue, Charlottesville, VA 22903
during the following hours:
Monday through Friday 5:30 a.m. to 10:00 p.m.
Saturday 5:30 a.m. to 8:00 p.m.
Sunday 10:00 a.m. to 6:00 p.m.

mail



For Mail-in registrations, please complete and sign the registration form included in this brochure, enter the credit card (Visa/MC/Discover) information requested in the application number, expiration date and 3-digit security code including the amount of payment or attach your check payment with the application and mail to:

Charlottesville Parks & Recreation
P.O. Box 911
Charlottesville, VA 22902

Residency Status and Discounts

The Charlottesville Parks & Recreation Department provides discounts for a variety of its recreational activities and programs to residents of the City of Charlottesville. Parks and Recreation routinely checks accounts for the verification of residency in the City of Charlottesville.

Notice to Participants

Participants must recognize that all programs of a physical nature involve some risk and by registering for programs of this nature, there is an assumption of the risk by the participant. Charlottesville Parks & Recreation is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff. Every effort is made to ensure the safety of the participants and to provide them with first-class recreation activities, facilities and parks. In the event of a serious accident or illness, it is the policy of the City to: Contact the Charlottesville Fire Department Paramedics or Rescue Squad to perform first aid when necessary, recommend transport of the victim to a hospital, and reach each parent/guardian or relative as soon as the situation allows.

Payment Methods

Full payment for classes must be made at the time of registration. The City will accept cash, personal checks, credit cards (Visa/MasterCard/Discover) and money orders for all class and program registration payments. Please note which form of payment is acceptable for the method of registration you choose. Checks must be made payable to Charlottesville Parks and Recreation.

Scholarships

Charlottesville Parks & Recreation offers scholarships to City Residents who have a gross household income at or below \$32,043. Scholarship discounts range from 25% - 90% on a sliding scale based upon your gross annual income. Discounts are available for most, but not all Parks & Recreation programs and services. For more information or to obtain an application, please call (434) 970-3260 or visit our website.

Registration Confirmation

Once your registration is processed a receipt will be e-mailed or mailed to you to confirm your class or program enrollment. If we were unable to place you in your selected program, you will be contacted by telephone.

Waiting List Procedure

Waiting lists are a source of contact and do not guarantee class placement or telephone call back. You will be notified of vacant class space availability as cancellations and/or additional classes are made available. When you add your name to a class waiting list it does not limit you from registering for any other open class.

Late Registration

Late registration will be accepted before the second class session begins. After the second session of the program, no registration will be accepted. Individuals registering late will be required to pay the total class fee. Program fees will not be prorated!

Cancellation Policy

(Due to lack of enrollment)

If the program does not have a sufficient number of participants registered by 3 working days before the first session, the program may be cancelled by Recreation staff.

Program Refund Policy

1. If the program is cancelled by Parks & Recreation staff, a refund for the FULL amount that was paid will be applied to your Customer Account.
2. If an individual wants to cancel enrollment in a program, it must be requested at least 5 days prior to the first session of the program.
3. REFUNDS will not be given if requested less than 5 days prior to the first session of the program. Individuals assume the risk of changes in health or personal schedules.
4. There are 3 refund options:
 - a) P&R Department Household Account- If the customer wants to have the refund posted to his/her account; a credit for the FULL AMOUNT that was paid will be issued.
 - b) Check Refund- If the customer paid by cash or check and would like a check issued from the City Finance Department, a 20% or \$5 administrative fee, (whichever is greater) will be deducted from the amount that was originally paid. A check will be issued within 3 weeks.
 - c) Credit Issued to Credit Card Account- If the customer paid by credit card and would like to credit his/her credit card account, a 20% or \$5 administrative fee, (whichever is greater) will be deducted from the amount that was originally paid. An account credit will be issued within 3 weeks and a copy mailed to the customer.